

Proper Conduct of Mixed Gender Weigh-Ins

Championships, selection competitions and competitions that require strict weight control (MA titles, Golden Gloves, State of Origin)

- Championships are weight critical and therefore separate weigh rooms and scales are to be provided for male and female boxers.
- Weigh-ins are not to be conducted in the open, but in an enclosed room or similar.
- If separate rooms and scales are not available, male and female boxers are to be weighed-in at different times.
- At no stage are male and female boxers to be lined up in stages of undress; boxers are only allowed to remove their clothing once in the weigh-in room.
- At no stage are male and female boxers to be in the same room during the weigh-in.
- The weigh stewards shall be the same sex as the boxer weighing-in.
- Only the weigh steward(s) and the boxer(s) are to be in the weigh-in room/scales; no other persons are to enter unless invited.

Non-Championships/local competitions

- These types of competitions are not weight critical, however, if separate rooms and scales are unavailable male and female boxers are to be weighed-in at different times.
- Weigh-ins are not to be conducted in the open, but in an enclosed room or similar.
- If a female weigh steward is unavailable to weigh the female boxers a male weigh steward may weigh the female boxer and only while in the presence of the boxer's coach and/or guardian/parent, and the boxer is to wear their competition clothing without boots.
- At no stage are male and female boxers to be lined up in stages of undress; boxers are only allowed to remove their clothing once in the weigh-in room.
- At no stage are male and female boxers to be in the same room during the weigh-in.
- Only the weigh steward(s) and the boxer(s) are to be in the weigh-in room/scales; no other persons are to enter unless invited.